

Kia Ora: Village Moments

NOV 2020



ATTITUDE OF LIVING WELL
using five pillars:
Resting Well, Eating Well, Engaging Well, Thinking Well and Moving Well.
We run activities weekly to incorporate all Five Pillars for our residents' wellbeing



Village at the Park Retirement

NEWS



Message from our Village Manager, Tania Grieve

Who would have thought that we would have Round 2 of COVID – but we did and again we showed how resilient we all are by getting through it. We are once again enjoying our freedom and enjoying having you back at the Village.

The team are exceptional; and I am extremely proud of their continued passion and care for our Village whanau.

A huge thank you to you all for following our protocols to ensure that all of our precious residents remain safe and well.

We hope you enjoy the newsletter. There has been a lot going on in the last few months and we did our best to capture some beautiful moments in each household.

We would like to share another poem from Maisie 😊

We shall be sending out the invite for the Christmas Family Evening – it will be a great night and I hope to see you all there.

In the interim, take care everyone.

Tania Grieve
Village Manager

www.villageatthepark.co.nz

About Me
Resident in Buchanan Household
Maisie (Buchanan Household Staff)

*Mirror, mirror on the wall,
It doesn't matter if I'm short or tall,
If I have skinny legs, or my hips are wide,
It only matters, who I am inside.
If I have blue eyes, brown eyes or green,
What makes me beautiful, it can't be seen.
When you look at me, don't make fun of my parts,
Because the most beautiful thing about me, it's my heart.*



🌸 Mary Coleman Household 🌸

Cooking with residents: The secret recipe is love

We have been collecting summer recipes from residents and families to cook their favourites. One of the staff members also shared her cooking videos and prepared snacks for the residents.



Residents enjoy baking with staff



Chocolate is happiness that we can eat. Enjoy life and eat chocolate 😊

We had chocolate tasting with all sorts of flavours including Lavender Salted Caramel; Passionfruit and Coconut; Pistachio Almond and much more.

Residents loved tasting little samples and enjoyed the differences in chocolate.



We talked about the chocolate making process and displayed a video based on this.



Staff enjoy the resident-led quiz



Fun at the Potato Peeling Competition



We had lots of enjoyment with Spanish Theme day. Residents and staff enjoy dancing together.

Manaaki Household

Kia ora everyone

It is great to be back at level 1 as our residents have been able to see their whanau often. We also have our community visitors and entertainers back. Manaaki household continue to embrace the Attitude of Living Well during all levels and the past three months are no exception.



We celebrated International Day of Older Persons



We recently observed Father's Day and celebrated birthdays of residents which brightened up the environment. We also celebrated Maori Language Week with flax weaving, decorated households with Maori flags and discussed basic words in Te Reo, which was much enjoyed by staff and residents together.



Residents enjoyed participating in 'Pimp my Walking Frame Competition'. This was a huge hit and winners got lovely prizes.



♥ Aroha Household ♥

Kia ora. It has been an extraordinary time for everyone. We are very pleased to resume family and community visits. Here is a snapshot of how we celebrated events in the previous months.

Father's Day

Residents were invited to have a Father's Day drink. Male residents received a small bottle of liquor as a Father's Day gift. We shared special memories of their father as well.



Maori language week

Residents liked to sing and listen to Maori songs. Weaving flax was such a great way to respect and experience Maori culture. Thanks to Julian for providing flaxes.



Chinese language week

We have a lovely Chinese-born resident, and she speaks Cantonese. It was a great opportunity to learn some Cantonese greetings during the week.

Tai Chi group was popular for Aroha residents and we decided to add it as a regular morning exercise group.



International Day of Older Persons

1 October was International Day of Older Persons. We started the day with a special morning tea. For afternoon tea, our lovely Wellness Partner brought moon cake for the Mid-Autumn Festival in China. Residents gave us life advice. Here is a lovely resident's quote.

"My life has been great and no regrets. Life tips? Don't think too much. Take it easy!"

✿ Millard Household ✿

It has been very busy here over the past few months! We really threw ourselves into the 'Pimp my Walking Frame' competition. The walking frames were decorated in true person-centred Millard style. We were so chuffed to be declared the winners!




Colour, Creativity and Conversation



Friday Afternoon Happy Hour



 Maori Week Ka pai



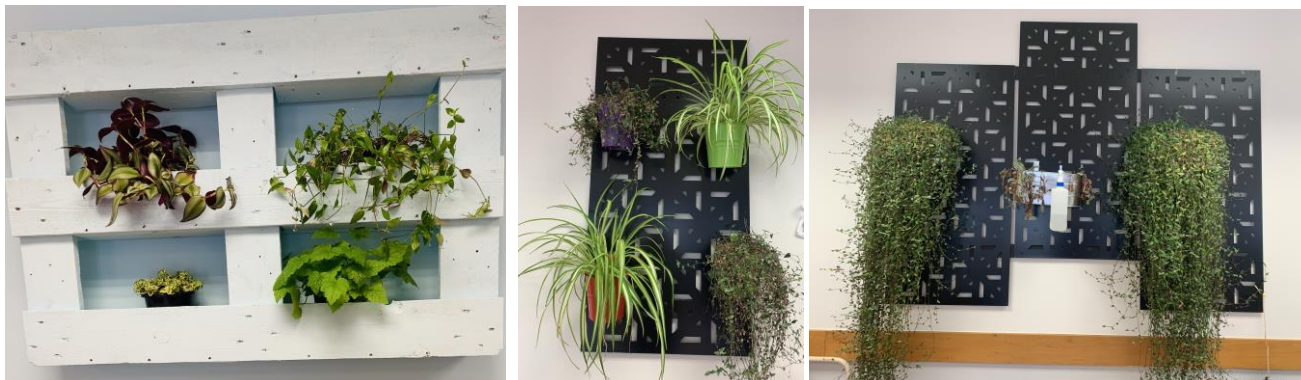
Level 1 Hallelujah



New scones recipe! Eating Well

Living Wall in households:

Living walls in Buchanan and Mary Coleman create a more home-like environment for the residents.



Family Evening:

We welcome you to attend a Christmas Family Evening on Thursday 3 December, 5.30 pm until 7.00pm.

We will have fun games and great music. Finger food and beverages will be provided. We would love to see you all there.

Please RSVP before Tuesday 24 November to reception@villageatthepark.co.nz

